
Preface

The present book resulted from the idea of creating a work on the systematics of ear acupuncture. It is based on the combined knowledge and experience derived from the teaching activities of many lecturers of the German Society of Physicians for Acupuncture (DÄGfA, Deutsche Ärztegesellschaft für Akupunktur).

By writing this book I wanted to thank my teacher and friend, Dr. J. Gleditsch. I owe my knowledge of this procedure and my enthusiasm for acupuncture in general to him. The book was actually his idea, and he gave me his advice and support.

Thanks go to my friend, Hans-Jürgen Weise, for his valuable contribution describing the stimulation technique by laser and for the

lucid photographic material he made available, and further to C. Schulte-Uebbing for his contribution on gynecology, based on his extensive experience in this field.

The goal was to make the contents of this book as accessible as possible, providing easy reference and enabling readers to successively familiarize themselves with the subject matter.

Finally, I respectfully wish to refer to all those who have paved the way for this procedure since Nogier's ingenious discovery, thus creating the right conditions for this book.

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Axel Rubach

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